



Future Lives with
Oceans and Waters

D4.1 Final Agenda and Methodology for the FLOW Workshops



Funded by the
European Union

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1. Aim and scope

In contribution to the European Union Mission Restore our Oceans and Waters by 2030, the FLOW project¹ studies young generations' relations and engagement with oceans and waters. Through the FLOW project, we hope to gain better insights into how European youth **shape and hold their expectations** about the futures of oceans and waters, and the **relations, values and emotions** they exhibit when considering the present and future states of our waters.

FLOW aims to encourage and empower young people to take action in preserving aquatic ecosystems. Based on the the designed prototypes and description of the experiential futures concept developed for FLOW (D2.2) **the finalized agenda and methodology for the workshops are detailed in this deliverable (D4.1).**

2. Methodology

The methodology is based on experiential learning and experiential futures (see FLOW D2.2) as well as on the principles of nonformal education and the experience of Volonteurope in organizing youth-oriented activities.

In WP4 FLOW will organize, run, and study workshops in each of the 7 regions. Based on the idea of experiential futures, the workshops will provide participants with the means to discuss and imagine the future of human-waters relations in an immersive and tangible way. Through scenario enactments with role-playing, speculative design, drawings, and storytelling future perspectives will become concrete, nuanced, and rich in detail, thus avoiding abstract discussion about far way futures. Workshops will not be unidirectional, as we do not want to "teach" youth in a formal setting. Rather following the transdisciplinary approach of FLOW, we want youth to teach us, to reveal to us insight on the future of human-water relations through their own lens. As such, insights on expectations and future perspectives of the young generation on human-water relations, future lifestyles, future stewardship, and engagement initiatives, will be produced.

Details on the workshops will be provided to youth according to [D.4.2 Info-pack, online application procedure](#), a deliverable which will be finalized by end of October 2023.

A check list regarding all the details for an efficient planning process will be prepared, under the format of [D.4.3 Logistics plan](#), a deliverable which will also be finalized by end of October 2023.

A succinct list of details to be tackled with for a good implementation of the activities is available below, while a more detailed description to be included in D.4.3:

- Before the workshop:
 - Researchers will adapt the content of each of the 7 workshops considering the context and situation in the specific region.

¹ <https://www.flowhorizon.eu/>



- Participants are informed of the objectives of the workshop; they receive the agenda and are encouraged to ask any questions regarding their participation.
- Prepare stories: Participants are asked before the workshops to ask their parents and/or grandparents and/or other relatives about their youth memories concerning a specific local aquatic ecosystem. How did people interact with it? What good and bad memories do they have? How do they think has society changed its relation to this river, bay, coast, lake or alike? Bring a picture!
- During workshop:
 - Testimonials of the participants, results of individual and teamwork activities are collected.
 - Photos and videos are being taken with the consent of all participants.
 - Active involvement of participants is encouraged and during the process of creating scenarios of experiential futures, it's the youths that take the lead, while facilitators just provide the context, and researchers observe.
- After workshops:
 - A survey will be conducted among all participants, after 2-3 weeks, to let the experience *sink in*, and receive feedback on how their participation impacted them and their beliefs regarding the future of the relationship of humans with water.
 - Participants will be invited to provide feedback, follow the project activities, encourage others to get involved.

3. Overview of all workshops

During the course of FLOW 7 workshops are planned; one in each of the 7 water regions, starting with the first one in November 2023 and the last one in June 2024, according to the following preliminary plan.

Location and venue for the workshops

In chronological order, the workshops are planned as follows:

Mediterranean Region - 16-17 November, Ibiza, Spain;

Inland Europe - 4-5 December, Warsaw, Poland;

Arctic Region - February 2024, Norway;

North Sea - March 2024, Belgium;

Bay of Biscay, Iberian Coast, Macaronesia - April 2024, Barcelona, Spain (*In the context of 2024 Ocean Decade Conference, 10 - 12 April 2024*);

Baltic Sea - May 2024, Germany;

Black Sea - June 2024, Romania.



Table 1 includes details on the water region and country where each of the workshops will be held and the proposed dates. The final dates for all 7 workshops will be decided by end of November 2023.

Table 1. Workshop details.

Country	Region	Proposed dates
<i>Romania</i>	Region 1, Black Sea (Bulgaria, Romania, Georgia, Moldova, <i>Russia</i> , Turkey, Ukraine)	June 2024, exact dates tbd.
<i>Spain, Ibiza Island</i>	Region 2, Mediterranean Sea (Albania, Algeria, Bosnia and Herzegovina, Croatia, Cyprus, Egypt, France, Greece, Israel, Palestine, Italy, Lebanon, Libya, Malta, Monaco, Montenegro, Morocco, Slovenia, Spain, Syria, Tunisia, Turkey)	<u>16-17 November 2023</u>
<i>Spain</i>	Region 3, Bay of Biscay, Iberian Coast, Macaronesia (Spain, France, Portugal)	<u>10-12 April 2024</u> <i>In the context of 2024 Ocean Decade Conference, 10 - 12 April 2024.</i>
<i>Belgium</i>	Region 4, North Sea (Norway, Scotland, England, France, Belgium, the Netherlands, Germany, Denmark)	March 2024, exact dates tbd.
<i>Germany</i>	Region 5, Baltic Sea (Denmark, Sweden, Finland, Russia, Estonia, Latvia, Lithuania, Poland, and Germany)	May 2024, exact dates tbd.
<i>Norway</i>	Region 6, Arctic (Canada, Greenland, Iceland, Norway, Sweden, Finland, Russia, and the United States)	February 2024, exact dates tbd.
<i>Poland</i>	Region 7, Inland (All EU member states)	<u>4-5 December 2023</u>

Profile of participants

The workshops will be conceptualised for approximately 20-25 youths (aged 16 to 30), with slight differences in numbers as some regions have more countries and others less. One main focus will be to involve youths that are usually "off the grid", in the sense that too often it is only highly educated people who engage in these kinds of activities. We aim at providing for each workshop a mix of participants that will be as representative as possible for the young people from each of the 7 regions and consider different youth variables such as gender, age, ethnicity, education, socio-cultural and geographical aspects. Due to difficulties related to the regulations of entering the European Union, only youth from EU countries will be included in the workshops. A notable exception is however involving Ukraine and youths from there in the workshop from the Black Sea region, as well as potentially youths from Georgia in the same workshop.



Organisation of the workshops

A core committee for the organisation of each of the 7 workshops is formed by:

- two Volonturope team members, which will take care of overseeing and managing the logistics of the meeting, travel and accommodation logistics of youth participants and YAB members and moderation of the all the 7 workshop in order to have coherence and continuity in organising them

Additional representatives from the partner(s) sending (a) researcher(s) to the workshop will support the organisation. At least 1 or 2 researchers will be present at each workshop. Their main tasks are data collection during workshop and support in the organisation during the workshop. By the end of November 2023 it will be decided what partners will attend each of the 7 workshops to be organised;

- In the organisation of each workshop we will involve the two Youth Advisory Board members from the respective region where the event will take place. These persons will provide feedback for a targeted group-oriented design of the workshops, and they will provide support in promoting equal involvement from all participants, with group dynamics, and to provide feedback to the researchers on how the activities impacted the group.

4. Final Agenda and script for the workshop

Script of the workshops is detailed in Table 2.

Table 2. Script for the experiential futures workshops

Time	What?	Who	Notes
1st day			
09:30	Arrival and Welcome	VOLE main moderator	
10:00	Get to know each other Ice-breaker activity	VOLE main moderator, participants and researchers A gong? A ball?	Moderator encourages everyone to speak frankly and openly. Going through the Agenda of the workshop. Objectives, expectations, fears, contribution.
10:30	Appreciate pasts Individual walk and reading in gallery of beforehand collected stories (see info pack and	VOLE main moderator Researchers Rope and clips for the gallery	Moderator asks participants to individually walk around and read the stories.



	preparation before workshop).		
10:50	Small-group discussion	VOLE main moderator	Moderator asks participants to team up in small groups and discuss: What did you find the most striking? Did you find similarities or differences between stories?
11:05	Sharing stories and reflections with everyone	VOLE main moderator Researchers	Moderator asks participants to join in a circle: How did people interact with it? What good and bad memories do they have? How do they think has society changed its relation to this river, bay, coast, lake or alike? Researchers take notes
11:25	Break		
11:30	Understand presents Multi-sensorial experiences (see D2.2) - <i>touch</i> : unfold water-centric maps - <i>see</i> : put on ocean goggles - <i>hear</i> : water-soundscapes - <i>smell</i> : freshwater probes, algae, sea breeze	VOLE main moderator Folded maps, goggles, speaker or headphones, smell tubes	Moderator asks participants to unfold map slowly. No explanations. Questions are posed: What do you see? What does this perspective/activity unveil? How does it make you feel? Researchers introduce connectendess dimensions in a dialogical way.
13:00	Break		
14:00	Imagining FLOW (Future Lives with Oceans and Waters) Introduction of scenario "You, people of the xxx, are asked to negotiate with your river/lake/sea. Will	VOLE main moderator Researchers - Application form to prepare legal action - Artefacts such as aqua-health floating sensor, shovels with logo imprints of stewardship unions, readings from	Moderator introduces the activity and splits into 3 to 4 groups. Moderator and researchers assist groups with idea, discussion prompts and artefacts. Moderator also encourages participants to leave the room and interview people, to test public perception. Researchers document considerations and



	you find its voice?" - 3 to 4 groups work separately on application form - presentation	assemblies, descriptions of future job profiles	speculations of participants. Hopes and fears. Researchers observe emotional responses. Obtain images of the future. Present and/or print for next day!
17:00	Snacks and Open Space	All	A range of snacks from water (e.g. seaweed wakame salad, seaweed chips, ice cream (contains algae), local fish). Present gojelly recipe book. Exhibit InFLOW lens. On the table jars with spirulina or similar.
18:00	Briefing with YAB members	YAB and researchers	Feedback round: What was the general atmosphere? What has inspired participants? Confusions? What needs more discussions tomorrow?
18:30	Dinner	All	
2nd day			
09:30	Recap 1 st day	Moderator	Moderator and researchers present their impressions of the first day and recapulate. Open questions?
10:00	Let's act! Message in a bottle (D2.2) - Group exercise - Presentation	Researchers and facilitators coach the groups	Facilitators help participants to form groups and find a challenge to address. What does a future look like in which the problem was solved? How do we get there with whom? What is the first steps to be done? Who is to be involved in solving the problem, which stakeholders and target groups? Formulate a message to the first person you want to get on board for your action... We will make sure it reaches this person (whether mayor, friend or CEO of a local SME) Final evaluation and follow – up (identifying ways for future involvement of participants in the project activities)
12:00	Good-bye and departure	All	



Consent form for young adults and safeguarding procedures

INVITATION

Introduction

We would like to invite you to attend one of the workshops organised as part of the Re-surface and reimagine: Experiential futures workshops that will unfold as part of the FLOW project. Participation is voluntary. If you want to be part of it, we will ask you to sign a consent form. Before you decide whether or not to take part, we will send you an infopack and give you information about the agenda of the workshop, its objectives and expected outcomes. Please take time to read the information carefully. If something is not clear, or you would like more information, please ask the person designated in the infopack to reply to all inquiries from participants.

Outline and aim of the Experiential Futures Workshops

In this Workshop, we want to engage with young people in discussing and collaborating on research studies with researchers of the partner organizations of the FLOW project, from the Netherlands, Norway and Germany, as well as with civil society representatives and youth workers from all around Europe.

What is expected of you?

In this Workshop you will, together with the researchers of the FLOW project, take part at interactive debates and nonformal activities designed at analyzing and assessing the future of the relationship of humanity with water and ecosystems.

All discussions will be focused on the future of the relationship of young generations with water. The form of the discussions and feedback relatively will not be academic and scientific, and rather takes into account youth and generational perspective. Apart from attending the workshop itself, you will receive info on the project and its results and receive further information on opportunities for involvement. You are expected to give feedback and opinion on the issues that will be brought up throughout the project, which will shape the project's outputs and events.

Voluntary participation

Your participation at the workshops is voluntary. This means that you can withdraw your participation and consent at any time, all you need to do is to notify the coordinators of the workshop. You can have your personal and special personal data removed, by sending a request to furkan@volonteuropa.eu.

What will happen to my data?

Personal, such as photos and videos taken during the meeting, and research data we collect during the implementation of the workshops will be used by scientists as part of data sets, articles and presentations, and also by the project team to have promotion activities on social media. You will be asked by project partners for your consent for your input to be used for scientific purposes, for which you should receive another form of consent prior to the related research study. The anonymized research data is accessible to other scientists for a period of at least 10 years. Personal data collected remain confidential.



[Video/photo/audio] recordings will be made during the implementation of the Workshops. These recordings are mainly used for communication purposes and will be made public on social media, depending on the content of the data. In video recordings and photos, participants may be visible, and some members will be invited to give testimonials after the project meetings. Original versions of videos/photos/recordings will be stored in the project's databases and will be deleted right after the project comes to an end.

You will be handed a consent form on which you can give permission for us to make and use these recordings.

In order to carry out the study and register your participation, it is necessary for us to collect, use and store personal and special personal data. The consent form indicates which type of personal data is involved.

All research and personal data are safely stored following the Volonteuropa guidelines.

More information?

If you have any questions or would like more information about the workshops, please contact Furkan Sorkuncuk on furkan@volonteuropa.eu.

Ethical assessment and complaints

Should you have any complaints regarding the workshops, please contact the person responsible for their organisation. For questions on data processing regarding the Youth Advisory Board, please contact: Furkan Sorkuncuk, furkan@volonteuropa.eu.

Consent form

If you want to participate in the workshop unfolding in ... (city), ... (country), between ... (date and month), we ask you to sign the consent form. With this written consent, you declare that you have understood the information we have provided and consent to participate in the workshop on experiential future.

Kind regards,

Furkan Sorkuncuk.

CONSENT FORM

For the participation at the Re-surface and reimagine: Experiential futures workshops

Statement of participant

The aim of the Re-surface and reimagine: Experiential futures workshops, has been outlined to me. I was given the opportunity to ask questions regarding the Re-surface and reimagine: Experiential futures workshops. I participate voluntarily in the workshops. I understand that I can stop at any point to participate at the project activities, should I wish to do so. I understand how my personal and special personal data and the data of the research study will be stored and how they will be used. I consent to participating in the workshop as described in the information document.



Name:

Signature: Date:

Statement of the person responsible for the Re-surface and reimagine: Experiential futures workshops.

I declare that I have informed the above-mentioned person correctly about the Re-surface and reimagine: Experiential futures workshops and the research study that will take place during the project.

Name:

Signature: Date:

